

Wetland Tolerant Plants

For most plants to survive in wet, soggy areas water must pass quickly through
the roots otherwise the plant will suffer from lack of oxygen. □
There are some plants, though, that will tolerate an excessive amount of water. □
The following are some of the shrubs, trees and perennials □
that are tolerant of wet or damp areas □

Trees	Shrubs
Acer circinatum (Vine Maple)	Amalanchier (Serviceberry) damp only
Acer rubrum	Andromeda polifolia (Bog Rosemary)
Betula nigra (River Birch)	Aronia arbutifolia (Chokeberry)
Fraxinus (Ash species)	Clethra alnifolia
Mertensiana (Mountain Hemlock) damp only	Cornus (Red and Yellow Twig Dogwood)
Metasequoia glyptostroboides (Dawn Redwood)	Cornus canadensis
Nyssa sylvatica (Tupelo Tree)	Gaulthera Shallon (Salal)
Platanus (Sycamore)	Ilex verticillata
Populus deltoides (Poplar)	Itea virginica
Salix (Willow)	Potentilla fruticosa
Sequoia sempervirens (Coast Redwood)	Salix discolor (Pussy Willow)
Taxodium (Bald Cypress) wet	Sambucus canadensis
	Vaccinium ↓
Perennials / Grasses	
Aconitum (Monkshood) damp only	Iris (several hybrids) wet
Acorus (Sweet Flag) wet	Juncus (Rush) ↓
Aruncus damp only	Ligularia ↓
Asarum (Wild Ginger) ↓	Lobelia cardinalis damp only
Asclepias (Milkweed) ↓	Lysimachia wet
Astilbe (False Goat's Beard) ↓	Mimulus ↓
Caltha palustris (Marsh Marigold) wet	Monarda (Beebalm) ↓
Carex glauca (Blue Sedge) damp only	Primula (Candelabra varieties) wet
Carex morrowii (Silver Sceptre) ↓	Rheum damp only
Chelone (Turtlehead) ↓	Rodgersia
Cimicifuga/Actaea ↓	Sanguinaria canadensis (Bloodroot)
Cortaderia selloana (Pampas Grass) ↓	Sisyrinchium californica (Yellow Eyed Grass)
Eriophorum angust (Cotton Grass) wet	Tradescantia ↓
Equisetum (Horsetail) ↓	Trollius (Globeflower)
Eupatorium (Joe Pye Weed) damp only	Zantedeschia (Calla Lily) ↓
Ferns (many varieties) ↓	
Filipendula (Queen of the Prairie) ↓	
Galium odoratum (Sweet Woodruff) ↓	
Houttuynia ↓	